



Prototype Action-oriented
School Health Curriculum
for Primary Schools

Teacher's Resource Book



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The main objective of this Programme is to promote the movement of "Health for All by the Year 2000" (HFA/2000) through endeavours to bridge the gap between the individual and the most peripheral health services. Even with the availability of all social needs, including advanced health services, a satisfactory health condition cannot be achieved as long as people maintain acquiescent or even passive attitudes in their approach to health, in their habits and in their life-styles. Our present attempt is the first step towards the creation of the proper contributor to social development and its proper beneficiary, that is the individual. It is an investment for the benefit of man, which would eventually lead to the improvement of his health condition; as a result, man would give health its proper human dimension.

Although this curriculum constitutes one phase in the process of demystification of health information, through the provision of such information and making them accessible to everybody, it should not be viewed as a mere endeavour in the field of health education or health information. The proposed educational method, if not more important than the information it contains, is at least equally important. The purpose of these information is not only to incorporate them in the various school materials and activities, but also to turn them into projects closely related to growth and development, and jointly implemented by pupils, teachers, parents, members of the community and peripheral workers, staff or non-staff. The foreseen outcome is that members of the future generations would develop positive attributes, and self-reliance in identifying their needs, and would develop their ability to work and deal with others in order to meet those needs, let alone developing management and research skills at an early age. In brief, this programme is an attempt to improve the quality of life by improving the quality of the human being, having as its target the children of an age-group where they can be easily influenced, and using health in its broadest sense as an entry permit to reach their minds.

O.S.

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